

12:00 Noon

Lunch Menu

\$3.00 Contribution

Monday	Wednesday	Friday
<p><u>Please Make Reservations</u> <u>Two Weeks In Advance</u></p> <p>All Lunches served at the Pittsford VanHuysen Senior Center CALL 248-6235</p>		<p>PLEASE CIRCLE DATES</p> <p>YOU WANT TO RESERVE</p> <p>FOR LUNCH</p>
		<p>Mild Chili w/ Oyster Crackers 2 OR (CIRCLE ONE) Cheese Pizza Tossed Salad w/French dressing Apple Juice Sherbet</p>
<p>Chicken ala King over 5 Warm Biscuit Pea and Cheese Salad Brussels Sprouts Fruit Cocktail</p>	<p>Stuffed Cabbage w/Sauce 7 Steamed Potatoes Carrots Rye Bread Fresh Apple</p>	<p>BBQ Chicken Quarter 9 Navy Bean Soup Coleslaw Wheat Bread Fruited Gelatin w/Whipped Topping</p>
<p>Sloppy Joes on Bun 12 Cauliflower Tuscany Blend Vegetables Apricots</p>	<p>Seafood Stuffed Sole 14 OR (CIRCLE ONE) Steak Diane w/Mushroom Sauce Baked Potato Malibu Blend Vegetables Dinner Roll Double Chocolate Cookie</p>	<p>Broccoli & Cheese Topped 16 Baked Potato Lentil and Black Bean Soup 12 Grain Bread Pears</p>
<p><u>ABVI</u> 19 <u>Closed</u> <u>No Lunch Served</u></p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 10px auto;">Balance Class 1:15</div>	<p>Individual Meat Loaf 21 w/ Vegetable Gravy Au Gratin Potatoes Broccoli Rye Bread Petite Banana</p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 10px auto;">Nina Kalen</div>	<p>Breaded Haddock w/ Tartar Sauce 23 Coleslaw w/out Pineapple Mixed Vegetables Wheat Bread Peaches</p>
<p>Goulash w/Ground Beef 26 Turkey Vegetable Soup Brussels Sprouts Rye Bread Fruit Cocktail</p>	<p>BBQ Pulled Pork on Bun 28 California Blend Vegetables Corn Apricots</p>	<p>All Meals Served with milk, bread and butter.</p> <p>Soup served with crackers</p>



Monroe County Dept. of HS/Office for the Aging
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